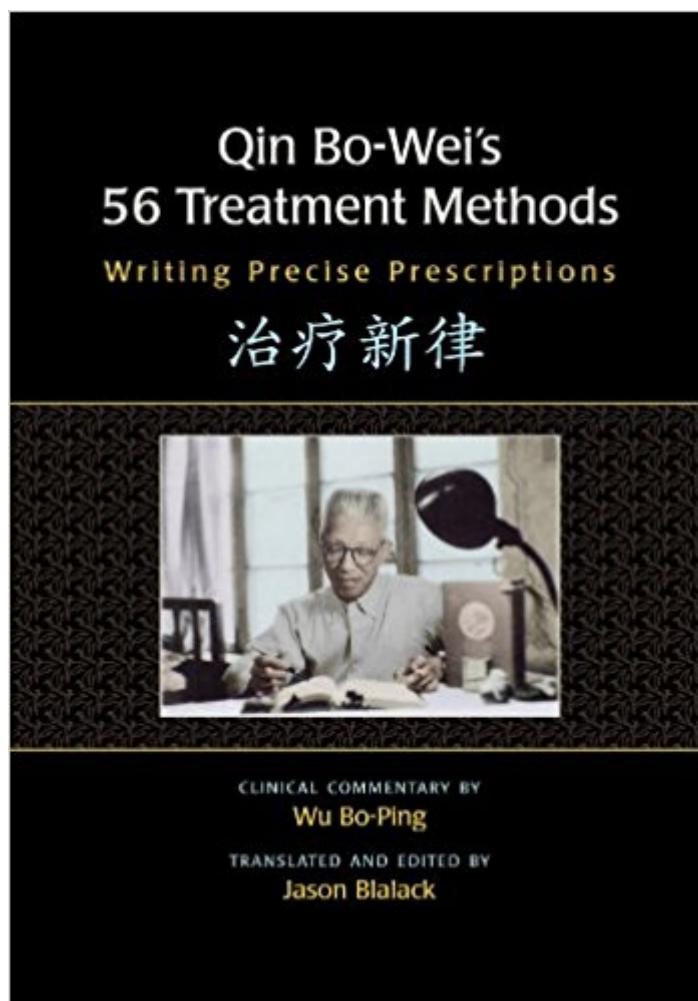


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# **Qin Bo-Wei's 56 Treatment Methods: Writing Precise Prescriptions**



## Synopsis

In the spring of 2007, Jason Blalack asked his mentor, Wu Bo-Ping, what was the most important Chinese medical text to translate into English. After a few moments of thought, Dr. Wu presented Jason with a tattered paperback copy of the original edition of Qin Bo-Wei's *New Guidelines for Treatment* (c. 1953), a manuscript that for all intents and purposes had been lost during the Cultural Revolution. That is the text that forms the framework of this exciting new book. Qin Bo-Wei (1901-1970) was among the most important physicians of the modern era. As a prominent clinician, educator, and scholar, he worked to integrate classical schools of thought and created one of the most coherent systems for understanding Chinese medicine during a critical time of intense turbulence in China's history. Wu Bo-Ping was one of Dr. Qin's students and is among the few who are still living today. Translated and presented to a Western audience for the first time, Qin's original work is enriched by Dr. Wu's extensive commentary, which transforms it into a hands-on guide on how to effectively practice herbal medicine. An excellent clinical manual, this book primarily teaches a method of thinking that serves as a foundation for a lifelong approach to herbal medicine. An understanding of how to use the core concepts presented here allows one to effectively treat the majority of diseases seen in the contemporary clinic. The text itself is unique in its presentation and differs from other clinical manuals in a number of ways: Organized by treatment method. Teaches a way of emulating the thought underlying a prescription without being tied to its specified ingredients or original indications, thereby reflecting the thinking of Chinese medicine's greatest clinicians. Ultimately, this approach opens up treatment possibilities that are often ignored in conventional textbooks. Small number of ingredients. Dr. Qin's prescriptions contain a small number of precisely combined ingredients, administered in small doses. Explains how to use processed medicinals. The book provides detailed explanations about how to use processed medicinals. Based on influential lineage. This text imparts a wealth of clinical knowledge rooted in the tradition of an influential Chinese medicine lineage.

## Book Information

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## Customer Reviews

Wu Bo-Ping graduated in the first class of the Beijing College of Chinese Medicine in 1962. He apprenticed for many years with Qin Bo-Wei, becoming one of his most prominent students. A generous and renowned instructor of Chinese medicine in China and abroad, he is best known as an accomplished clinician. He is now retired and lives in Hangzhou. Jason Blalack is a graduate of the Pacific College of Oriental Medicine in San Diego and maintains a full-time practice in Boulder, Colorado. He studied closely with Dr. Wu Bo-Ping in China over many years.

My kudos to Jason Blalack for pursuing this project. This book is one that I would have loved to have when I was in school, as Qin Bo-Wei developed a method that more resembles my western problem-solving process. The book has added commentary from Wu Bo-Ping, which helps when Dr. Qin was less verbal on particular subjects. Very good book.

Great!

If you are a student or practitioner of TCM herbology, this book is a must have.

Nice book

I did not finish reading yet, but this book gave me another insight. Excellent.

If you went to TCM school outside of China you need this book. Great insights onto phlegm and modern diseases.

Excellent book and delivered in quick time, thank you very much.

Perfect

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